

CORPORATE TRAINING & COACHING

Transforming *leaders* and teams.

Practical, engaging, and outcome-driven soft-skills training for corporates and working professionals, built on 15+ years of real leadership experience, not theory from a slide.

Growth Grid Academy helps organizations build stronger leaders and teams that hold up under pressure. The work comes out of 15+ years leading global teams, running cross-functional projects, and coaching people through fast-moving change.

Our programs are built on real-world experience in leading global teams, driving cross-functional collaboration, and improving workplace performance.

Every workshop is designed to create meaningful behavioural change that extends well beyond the training room

WHAT THAT BRINGS TO THE ROOM

- **15+ years** of hands-on corporate leadership experience
- **Global team leadership** across cross-functional, multi-site settings
- **Coaching & mentoring** that measurably lifted team performance
- **Stakeholder & people management** at the heart of every program

WHO WE WORK WITH

Built for every level

01

Emerging leaders

- First-time & new managers
- High-potential talent
- Aspiring leaders
- Individual contributors

02

Senior leaders

- Experienced managers
- Senior executives
- Function & team heads
- Cross-functional leaders

03

Teams

- Intact & cross-functional teams
- Customer-facing teams
- Sales & business development
- Working professionals

OUR METHODOLOGY

The Growth Grid Approach

Just like a grid creates structure, alignment, and connection, lasting growth comes from developing people systematically, across how they think, how they communicate, and how they execute.

Thinkable

Strategic thinking, problem-solving, and sharper decisions. Critical-thinking frameworks and cognitive flexibility for leadership.

Speakable

Communication that inspires teams and conveys ideas with impact. Executive presence, persuasion, and confident speaking.

Workable

Turning knowledge into action. Productivity, effective delegation, & execution-excellence frameworks that stick.



WHAT WE DELIVER

Programs designed for impact

A Leadership & Management

- ▶ New Manager Transition (First 90 Days)
- ▶ Emerging Leaders Bootcamp
- ▶ Advanced Leadership
- ▶ Situational Leadership
- ▶ Delegation & Empowerment
- ▶ Coaching & Mentoring
- ▶ Strategic Thinking
- ▶ Decision Making & Problem Solving
- ▶ Developing Other Leaders (Succession)

B Communication & Influence

- ▶ Workplace & Business Communication
- ▶ Executive Presence
- ▶ Presentation & Public Speaking
- ▶ Storytelling for Business
- ▶ Influencing & Persuasion
- ▶ Managing Up, Down & Across
- ▶ Stakeholder Management
- ▶ Negotiation Skills

C People, Teams & EI

- ▶ Emotional Intelligence
- ▶ Team Building & Collaboration
- ▶ Conflict Management
- ▶ Difficult Conversations
- ▶ Change & Adaptability
- ▶ Feedback Skills
- ▶ Building Trust & Psychological Safety
- ▶ Leading Under Pressure

D Performance & Professionalism

- ▶ Goal Setting & OKRs
- ▶ Performance Management
- ▶ Time Management & Productivity
- ▶ Corporate Etiquette
- ▶ Accountability & Ownership
- ▶ Sales & Influencing Skills

EMERGING & SENIOR LEADER TRACKS

Every program above maps to two audiences: **emerging leaders** (first-time managers, high-potential talent) and **senior leaders** (experienced managers, function heads, executives). Each can be delivered as a standalone workshop, or bundled into a structured multi-module journey — a Leadership Foundations track for new managers, or an Executive Leadership track for senior leaders. See page 3 for booking formats.



HOW IT'S DELIVERED

Formats & engagement

Corporate workshops

Virtual training

Classroom sessions

Executive coaching

Workshop series

Customized journeys

Every program is customized to your context — we discover your goals, design the curriculum, deliver experientially, and review impact.

Workbooks, activities, and assessments are included as standard.

THE OUTCOME

What participants leave with

Confident leaders

People who delegate, give feedback, and hold accountability without dreading it.

Stronger communicators

Teams that influence, present, and handle conflict with clarity and confidence.

Lasting change

Practical frameworks and a shared language that show up in daily work.

We train people not just to perform better, but to lead better.

HOW TO BOOK

Bundled or individual — your call

Full track bundle

Book an entire track — Leadership Foundations (emerging leaders) or Executive Leadership (senior leaders) — as a multi-module program over weeks or months.

Standalone modules

Book any single program from page 2 as a half-day or full-day workshop when your team needs one specific capability, not a full journey.

Build a *high-performance* culture

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Book a discovery call via website or call us